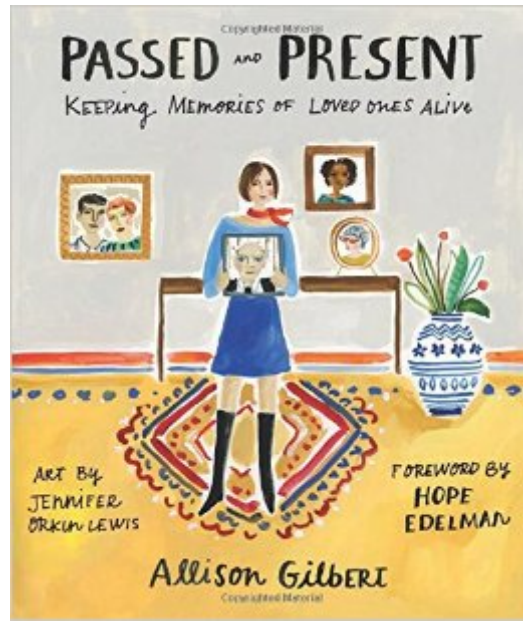


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# Passed And Present: Keeping Memories Of Loved Ones Alive



## Synopsis

Passed and Present is a one-of-a-kind guide for discovering creative and meaningful ways to keep the memory of loved ones alive. Inspiring and imaginative, this bona fide "how-to" manual teaches us how to remember those we miss most, no matter how long they've been gone. Passed and Present is not about sadness and grieving; it is about happiness and remembering. It is possible to look forward, to live a rich and joyful life, while keeping the memory of loved ones alive. This much-needed, easy-to-use roadmap shares 85 imaginative ways to celebrate and honor family and friends we never want to forget. Chapter topics include: Repurpose With Purpose: Ideas for transforming objects and heirlooms. Discover ways to reimagine photographs, jewelry, clothing, letters, recipes; virtually any inherited item or memento. Use Technology: Strategies for your daily, digital life. Opportunities for using computers, scanners, printers, apps, mobile devices, and websites. Not Just Holidays: Tips for remembrance any time of year, day or night, whenever you feel that pull; be it a loved one's birthday, an anniversary, or just a moment when a memory catches you by surprise. Monthly Guide: Christmas, Thanksgiving, Mother's Day, Father's Day, and other special times of year present unique challenges and opportunities. This chapter provides exciting ideas for making the most of them while keeping your loved one's memory alive. Places to Go: Destinations around the world where reflecting and honoring loved ones is a communal activity. This concept is called Commemorative Travel. Also included are suggestions for incorporating aspects of these foreign traditions into your practices at home. Being proactive about remembering loved ones has a powerful and unexpected benefit: it can make you happier. The more we incorporate memories into our year-round lives; as opposed to sectioning them off to a particular time of year; the more we can embrace the people who have passed, and all that's good and fulfilling in our present. With beautiful illustrations throughout by artist Jennifer Orkin Lewis, Passed and Present includes an introduction by Hope Edelman, bestselling author of Motherless Daughters.

## Book Information

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## Customer Reviews

Finally! The book my brother and I have been looking for - no more avoiding "mommy's death day" because we had no idea what to say or do. I have all the historical records done, but now we have over 80 ways we can remember, celebrate, and share with others about my mother's life. This is the book you want on your book shelf and to give a copy to those friends and family who want to do more than cook their loved one's favorite meal at the Holidays. Allison gave me lots of creative, imaginative, wonderful ways I can re-purpose mom's belonging and share stories with my niece and nephew while working on projects that preserve mom's memory. It's so easy to read and resource - and you don't have to be the king or queen of creativity to use Allison's ideas! If you're missing the people who have passed out of your life and want to make sure their memory is preserved for a long, long time - Passed and Present is a book you must have on your bookshelf! Passed and Present: Keeping Memories of Loved Ones Alive

If there were photos of each project, or at least some, with a few instructions, this would be a five star book. Although some of the ideas are great, they are very hard to follow without a little more instruction. Again, photos or drawings would have been extremely helpful.

I really like her ideas and will apply some. It feels good to let go of many items and not feel guilty. This book is extremely helpful to anyone experiencing guilt and anxiety due to letting go of a loved ones belongings.

We all lose loved ones and are haunted by what we miss. This powerful and positive book sends a message that, by creating thoughtful rituals and celebrations, we can keep our beloveds in our hearts and lives forever. I come to this book from two directions: as a traditions expert who has researched and written books on the topic for many years ("The Book of New Family Traditions" is my latest) and as a widowed orphan (both my parents are deceased, and my husband died less than a year ago). From both those perspectives, I can tell you that this little book is a winner and a

lifeline. The book is crammed with fresh ideas, like using the voice of your loved one as a ringtone, doing a random act of kindness and leaving a note that it was done in someone's memory, and planning a special trip where you retrace their steps to favorite places, local or far-flung. Who would have thought you could take a person's signature or their handwritten "love you" sign-off on letters, and turn it into a piece of jewelry? I've invented memorial rituals of my own, and I am making quilts out of my husband's shirts and ties, one of the things Allison Gilbert suggests. Shortly after he died, I had a reception at home and hired a musician to play my husband's 10 favorite songs: the author suggests creating a playlist of your loved one's personal picks. For my husband's birthday, we'll do everything from scattering some of his ashes in the backyard to eating his favorite foods and watching his favorite movie. But Allison has also inspired me with ideas and resources that were totally new to me. Thank you, Allison Gilbert! This book is a great gift too: if you know someone who has lost a parent recently, this book would be perfect for a Mother's Day or Father's Day gift.

This is the book you didn't realize you need. At least, that's what I found it to be. Loved ones have passed away and they remain in my memories. Allison Gilbert's book *Passed and Present*, provides a fresh view on how to incorporate loved ones in my current life. It's filled with great ideas to connect with friends, family, and new acquaintances. The book offers suggestions for what to do with mementos that have otherwise been hidden away in boxes. For example, I can't wait to take my Grandmother Mary's handwritten empanada recipe and have a scan of it transposed on a platter. Get a copy and see how it can help you celebrate the memories of loved ones who have passed.

Remembering departed loved ones can become a happy experience! In Allison Gilbert's *Passed and Present: Keeping Memories of Loved Ones Alive*, she shares 80 creative, joyful ways to honor the memories of special people in your life. Put simply, this book offers everyone warm guidance about how to complete "Forget Me Not" projects both large and small. It is the perfect resource as you unpack those boxes and work to do something meaningful with cherished family objects you'd never want to throw away.

What an uplifting and thoughtful gift to those grieving over loved ones lost. Gilbert's meticulous research reveals creative ways to pay tribute and remember the people we miss most when they are gone. Coupled with beautiful artwork, this book provides comfort and practical tips that anyone can use (even someone who is not into crafting like me). And it is written from the heart. Gilbert

shares that she lost her both of her parents as a young woman and you really feel that her book is the culmination of her own personal searching for ways to celebrate their memories for herself and her children. She's been there and she's sharing ways she's found comfort.

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